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Post vasectomy care instructions

Your wounds are closed with a dissolving stitch. These will dissolve in 1 – 2 weeks.

Keep your dressing clean and dry for 24 hrs.

If you are bleeding pinch the wound edges together for 5 minutes.

You may get some bruising about the size of 2-3 postage stamps and a bit of swelling.

This is normal but if swelling is more than the size of a golf ball you will need to contact Dr McGregor immediately on his mobile 0407 635 733.

Take it easy for the next 2 days. No heavy lifting for up to one week. No swimming or surfing for up to one week. Avoid dirty or dusty environments until the stitches dissolve and the wounds are healed.

Your local will wear off after 1-2 hours. The pain should not be significant but if it worries you take Panadeine Forte as prescribed by Dr McGregor.

Please advise Dr McGregor immediately if you have fevers, wound discharge or redness around the wounds. Your dressings will fall off naturally.

Remember you are not sterile until notified by Dr McGregor.

You must continue to use Contraception to avoid pregnancy.

After 12 weeks you will need to do you sperm count test. Please notify the rooms after you have your test done. Dr McGregor will notify you of the test result by phone.

Remember you are still fertile until you have had a negative sperm count.

I acknowledge that I have read and understood the above and have had an opportunity to discuss this with Dr McGregor.

I understand that I am not sterile until I have been notified as such by Dr McGregor.

Signed: _____

Date: _____

Patient Name: _____